



NEW COMMUNITY

CLARION

SERVING THE PEOPLE OF BABYLAND - St. ROSE OF LIMA & NEW COMMUNITY

VOL. 3 NO. 3

NEWARK, NEW JERSEY

MAY, 1985

St. Joseph Plaza Draws Widespread Acclaim On Opening Day

Visitors Hail Services In New Facility As Much Needed In The Community

Almost a thousand people from the business and professional community and friends of New Community Corporation (NCC) visited the elegant, flower-filled St. Joseph Plaza on April 18th, to help celebrate the Grand Opening and Dedication of the lovely new office building. New Community President Arthur L. Wilson was Master of Ceremonies.

Throngs of people crowded the standing room only atrium. Archbishop Peter Gerety's congratulatory message was read by Bishop Joseph A. Francis.

In his opening prayer, Bishop Francis made reference to Dr. Martin Luther King, Jr. — daring "to dream impossible dreams," and of the similarity of those women and men in New Community "many people of vision and faith" who became a force in society enduring unbearable sorrow at times because "those who should have been collaborators chose to be critics." In noting the climactic event of the moment in the life of New Community and the City of Newark, he continued "we have not arrived here by our corporate wisdom alone, not by political astuteness, nor by the power of money alone, but by our faith — our faith in You and in each other." He asked also that the envious and the skeptics recognize the power of God's

presence in what has been accomplished and in what still needs to be done. "May St. Joseph Plaza prove worthy of its new function," he prayed, "and be as worthy in its new function, as was its function as a house of worship. May all who work here and are served here be mindful that this is indeed a new place of honor for You, our God, a place where Your Name will be honored in the care and concern for those who come here to be healed, to be comforted, to be counseled and to be treated, with the dignity with which you have endowed each of us."

The next speaker, Newark Mayor Kenneth A. Gibson remembered that "this is really a long way from the beginning of New Community Corporation. When we started the original corporation there were many people who said it couldn't be done — that the plans were too ambitious, and since we had no money at that time, they saw no prospects for success. This is a project that you all know" he told those present, "and the kind of efforts that have gone into this symbolic and real success could not have taken place without the cooperation of those in the City of Newark..." He expressed his appreciation on behalf of all who will benefit from the project to all who cooperated to make it a success.

Mary Smith, treasurer of NCC

Board of Directors, mentioned as well the cooperation received from Governor Kean, as he helped "cut through red tape" from time to time as issues were faced. "The Governor has always had a sense of the vision of New Community, and the ideals which thrust it along difficult paths despite the problems, for the benefit of the people it serves in Newark," Mary assured the gathering. "He believes it can be a vital city again", she said of Governor Kean, and went on to tell how he has always helped to make Newark a better place. "It's been a long time since we've found someone so caring" she commented. She called him "a

true Statesman, who had the vision to be creative" which, she explained set him above an ordinary politician well versed in political know how but with narrow vision.

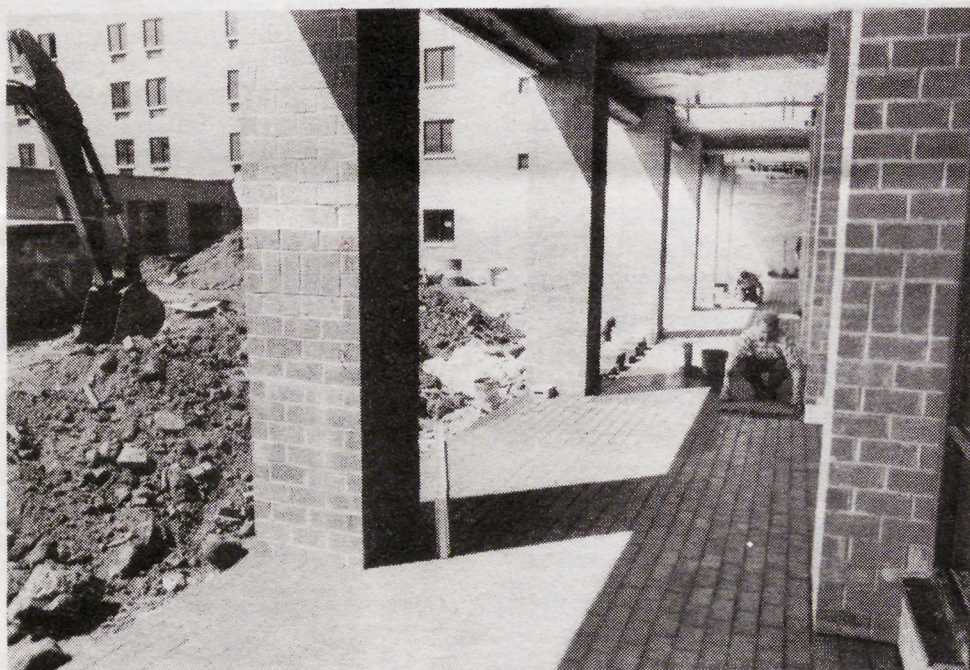
St. Joseph's will continue to serve the people of the community, Governor Kean told the audience, not as the place of worship which it once was, but with its restaurant, medical offices and health spa "which I just don't think have been here before in this part of Newark". He felt the New Community Federal Credit Union would have a beneficial effect on small businesses in the area.

continued on page 6



Gov. Thomas H. Kean and Mayor Kenneth A. Gibson share joyful occasion with Mary Smith, treasurer of NCC Board of Directors.

Patio For Extended Care Facility



Lovely brick patio is shown being completed by workers at the NCC Extended Care Facility. The patio will provide a peaceful place to sit outdoors and will overlook an enclosed garden courtyard. (Other pictures on page 4.)

Employment Center April Placements Up Sharply

At New Community Employment Center we do many things: telephone employers, interview job applicants, coach applicants, arrange employer interviews. But none of this is important unless someone gets a job — in many cases, taking a step toward economic independence. A successful employment center is the result of the efforts of many people who need to know the effect they are having. An employment center is judged by how many people are placed. The efforts of all of us have produced 79 jobs in the first three months of this year, a rate we can all be proud of. But now the placement rate so far in April is an exceptional 50% greater!

In addition to the NC Employment Center staff, those responsible for this success include cooperative applicants, concerned employers, New Community Corporation and other organizations and individuals giving us financial support, volunteers, and security officers, staff members and residents at NC Douglass-Harrison Homes. We thank them all, but particularly we want to mention the people who give us job leads. This is our real need right now, and we would like to thank all of you who call to tell us about any specific job openings you know about.

(See related articles on page 4.)

NCC Finalist For Neighborhood Concerns Award

A recent letter from Neighborhood, USA to Matthew A. Reilly, Director of Development informed him that New Community's entry had been selected as a finalist for the Neighborhoods, USA, Neighborhood of the Year Award.

NCC will now make a presentation concerning their work, at the Tenth Anniversary National Conference of Neighborhood Concerns which will be held in Newark on May 21st to 24th at the Quality Inn Park Place. A jury panel will then decide the winner.

Hosts for the Conference are the City of Newark Office of Planning and Grantmanship and the Newark Coalition for Neighborhoods.

Theme of the conference is "Neighborhoods and the General Interest: Identical or in Conflict."

It is pleasing to know that the many years of hard work which has resulted in the fine New Community Neighborhood and its many resources is being recognized nationwide.

St. Joseph Plaza Renovation Lauded

In a letter written to Matthew Reilly, Director of Development for New Community, the preservation of St. Joseph's Church was said to be a source of gratification to Grace A. Brewster, Director of the Department of Community Development for Morris County. She had been following the progress of the renovation of the landmark church in newspaper articles.

We are happy to share her letter:

Dear Mr. Reilly:

Congratulations to you on the grand opening of St. Joseph's Plaza. The church and its parish were a focal point for so many Irish immigrants and their families.

My mother was baptized there and attended St. Joseph's school. It was with much fondness that she and her family would recall their memories of St. Joseph's.

The preservation of that structure is important to me for sentimental reasons. It is also important in preserving an important part of Newark's history. On behalf of the old Irish of St. Joseph's, I thank you.

Sincerely,
Grace Ann Brewster

Development Administrator Added

As a result of the increased development activity in New Community, with things like the extended care facility and new supermarket on the agenda, a new Development Administrator, Emilio Cruz, has been hired.

Mr. Cruz was born and raised in Newark and is a graduate of Glassboro State College with a Bachelor of Arts in Geography, and a concentration in Urban Management and Planning.

Emilio is also a skilled cartographer and is familiar with computers. He is capable of communicating in both Spanish and English.

Before coming to New Community he was the special assistant to the executive director of the New Jersey Housing and Mortgage Finance Agency.

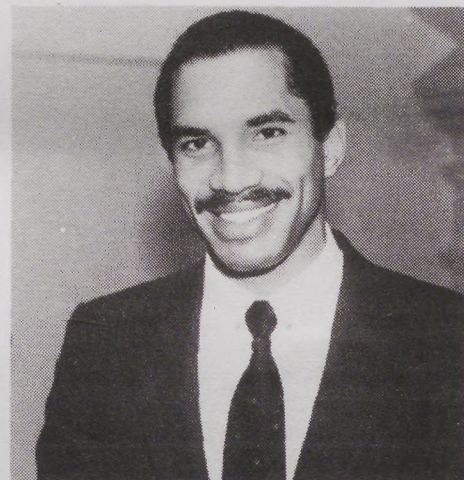
Mr. Cruz took this new position he told me, because he was impressed with the work New Community was doing. He also wanted more access to people and has always had a desire to get involved with the community in which he lives. Long commutes are

now a thing of the past.

Emilio owns a home in Newark where he lives with his wife Francine, and two children Altagracia 2, and Emilio, Jr. 1.

He enjoys sports such as baseball, tennis and boxing. His activities also include membership in the National Geography Association.

We are happy to have Emilio with us.



Emilio Cruz

Push The Button



Pedestrians crossing South Orange Avenue and Bruce Street near Babyland III **MUST PUSH THE BUTTON** to activate the light. They will then have ample time to safely cross the street. At all other times the signal will remain a blinking yellow light.

MEMORIAL DAY

we must not forget

THE NEW COMMUNITY CLARION

The N.C. Clarion is published the first week of each month as a community service. The Editor reserves the right to withhold articles and photographs once they are submitted. Opinions expressed in columns are those of the author and do not necessarily represent the views of the newspaper. Articles are appreciated by any and all concerned.

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It was decided unanimously, by the Social Service Staff of NCC, what better place to have our midday repast, but in the newest addition to Newark's Central Ward — "The Sandwich Shop" — located at 233 West Market Street in St. Joseph's Plaza.

Our staff of 9 arrived at 12 noon on April 25th, the first day and the first group of customers for the eager-to-please staff at the Sandwich Shop. Everyone was courteous and the service was prompt. Our selections ranged from garden salad to roast beef sandwich platters for the entrees to chocolate layer cake and cheese cake for desserts. The taste buds were tempted to order more; everything was delectable which will make several return visits quite necessary to quench the desire to "try it all."

Alas, if one over eats there is always the health spa only feet away, so come on in. Try it, you'll like it!

Bon Appetit!

Joyce Holmes

The SANDWICH Shop

At St. Joseph Plaza
233 W. Market Street
Newark, New Jersey

Breakfast

Monday - Friday 7am - 9am

Eggs, Pancakes, Danish, Biscuits, Juice
Coffee and More...

Nothing over \$3.00

Brunch

Saturday and Sunday 9 am - 2 pm

Same menu as breakfast
Beer and Wine are Served
During Brunch

Lunch

Monday - Friday 11 am - 3 pm

Try our SPECIAL ½ pound Burgers!
"Gourmet Style"

our THICK 4 oz. Sandwiches

Daily HOMEMADE Soup & Salads

Our Specialty —

Unique Frosted Liter Mugs
of Draft Beer

Takeout is Available — Call 623-8001

Eating Out



Central Ward Councilman George Branch enjoys lunch at The Sandwich Shop in St Joseph Plaza on opening day.



New Beginnings Spa Is Open!

Join us this month at the St. Joseph's Plaza to celebrate the Grand Opening of New Beginnings Spa & Wellness Center, Newark's most luxurious Health Spa.

New Beginnings Spa is completely designed for your convenience. The spa is equipped with the latest state of the art exercise equipment that is used in a circuit weight training

redwood sauna with dry heat of 160-180 degrees which eliminates pollutants from your system through the pores. It is also good for arthritis and people with back problems and also for cleaning the complexion (limitation 1-to-3 minutes).

We are also going to recommend our massage therapist to alleviate the strains of the day. At the



Jacuzzi at New Beginnings is an oasis of serenity after a hard workout in the exercise rooms.

manner to condition the cardiovascular, cardiorespiratory system and improve muscle strength, endurance and flexibility.

The concept of circuit weight training is a series of exercise stations working every major muscle group. Thirty seconds are spent at each station.

We offer a spacious workout room with frequent scheduled exercise classes, such as yoga stretch & tone, beginners workout, intermediate and advanced. And if you are concerned with a specific area try our special classes for spot reducing.

After your workout what could be more relaxing than the luxurious whirlpool or European Sauna.

The whirlpool is one of the most popular features in our health spa. It is very relaxing after a good workout to ease the muscles. The water is between 102-105 degrees swishing around your body and the pressure from the jets acts as an underwater massage (limitation 3 minutes).

Or you could choose the classic

Wellness Center, an experienced physiologist will prescribe a complete step by step monitoring system to ensure that you will attain your physical goals.

The human body is designed for action, not inertia. Our sedentary lifestyle challenges neither the muscles nor the cardiovascular systems. Nature has provided us with a complex muscular system and a highly efficient cardiovascular engine to make that system work.

Without regular exercise, both systems deteriorate, causing the possible onset of degenerative illnesses, injuries and premature death.

At New Beginnings Spa & Wellness Center our professional and courteous staff will make your visit a safe and invigorating experience. In due time you will have more energy and vitality, and the habit of physical fitness will take hold.

Call 624-7373 today for a free tour and fitness consultation.

Marie C. Damestoir

Physiologist At New Beginnings Spa

Joining the management team at the New Beginnings Spa and Wellness Center this month is Kerry Patrick Gillespie.

Mr. Gillespie holds a masters degree in Physical Education from East Stroudsburg State College in Pennsylvania, with an emphasis in exercise physiology. He received his B.S. degree cum laude from the same college.

Kerry is a member of the American College of Sports Medicine and is vice-president of the North Jersey Cardiac Rehabilitation Association.

He is certified in CPR and is also a certified scuba diver.

Previous to joining NCC, Mr. Gillespie had worked part-time with Prudential Insurance Company in Newark as an exercise physiologist in their Executive Fitness Program. Most recently he was executive director and senior exercise physiologist at Cardio Robics, Inc.

We hope many of you will come and see New Community's new spa in St. Joseph Plaza and talk to Kerry about your own fitness program.

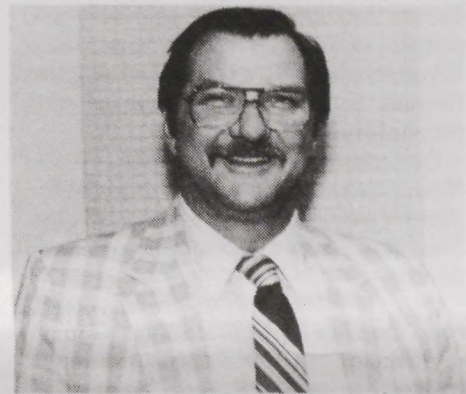
New Credit Union Manager

Our newly formed New Community Federal Credit Union has recently been put into the capable hands of Mr. Walter G. Bearse. Mr. Bearse will continue the work begun by Ms. Marie Damestoir who skillfully set up the groundwork for the NCFCU. Marie will now spend her time fully with the New Beginnings Health and Wellness spa.

The experience of working with a new credit union is a familiar one to Walter, as he formerly managed the credit union of Local 464, United Food and Commercial Workers Union, which he began as a hand posted operation and which is now

was immediately recommended for an interview by others in the credit union field.

A visit to New Community con-



Walter G. Bearse

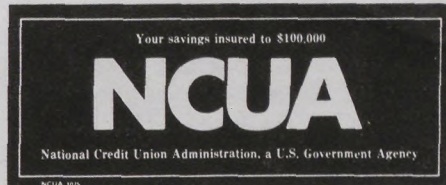
vinced both NCC and Walter that they would work well together.

Walter told me he was impressed especially with the type of people working at NCC and their positive attitude. He "immediately realized this was the place to be" and was delighted to receive an offer of employment.

He has been visiting the various buildings recently with Marie and according to her has "charmed his way into the hearts of the elderly." He finds them a joy to work with.

Walter's wife Lorraine has encouraged him in his interest in computers and he feels they are the vehicle to be with in this age of technology. He has two sons — Walter, Jr., 22, who will be married in June and 19 year old Kevin, a student at Old Dominion University in Norfolk, Virginia. Kevin is there on a Baseball scholarship and the family often takes off to go down and watch him play. Weekends are fun times.

We wish Walter well in his new undertaking.



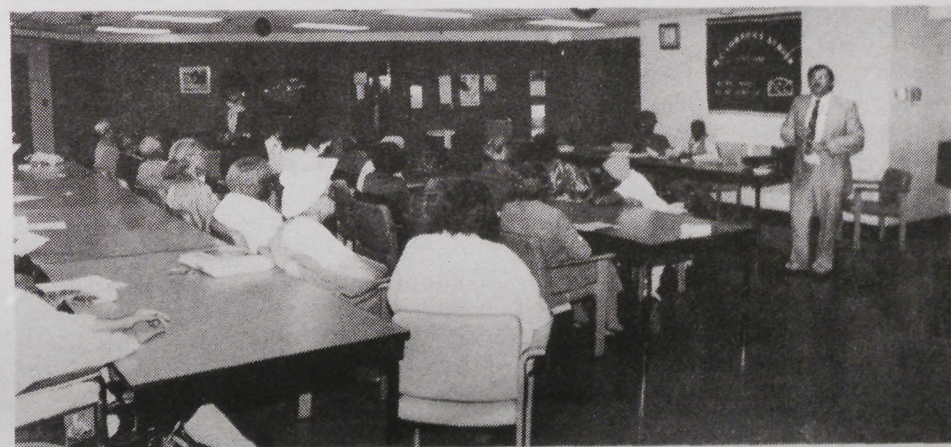
fully computerized with an in-house terminal.

As a credit union manager Walter attended seminars and credit union chapter meetings faithfully to gain all the knowledge he possibly could.

Mr. Bearse is a resident of Jersey City. He began as a meat cutter for the Great Atlantic and Pacific Tea Company and worked up to department manager in his 28 year career with them.

It was then the union asked him to come from the workplace into the union corporate structure. His first responsibility was the creation of a new department to ensure the health and well-being of union members in their working environment.

His excellent work for Local 464 with the credit union and his interest in the computer field did not go unnoticed, so when New Community started looking for help, he



New Community Federal Credit Union

After a review of all information it is a pleasure to report that record keeping is up to date and all books are in balance.

The Credit Union is continuing its membership drive; the new members we sign up will increase not only our membership but also our assets. When the asset goals set by the Board of Directors are met, the Board will then be able to permit the extension of loans and increased services to all shareholders. Remember as a shareholder the Credit Union belongs to you and every other shareholder.

Please feel free to make sugges-

tions to me on any matters concerning the Credit Union.

The Credit Union office is open Monday thru Friday from 9:00 a.m. to 5:00 p.m. If I happen to be away from my desk when you call, please leave a number where you can be reached and your call will be returned that same day.

As a shareholder you will be happy to know that you have a Board of Directors that has your concern foremost in both their minds and hearts.

Walter G. Bearse
NCFCU Manager

NCC Employment Center News

Wall Street Firm Very Pleased With Newark Worker

New Community Employment Center has now placed well over 200 people in steady work since last August. Each story is different, but Dennis Bynum is an example of a person anxious to work.

Dennis Bynum, a native of Newark, had held a well-paid job at the Veterans Administration Hospital for ten years when he was injured on the job.

He was interested in finding office work because work that was more physical might have aggravated his injury. He realized that he needed training in order to have a skill to offer, so he enrolled in a 6 month training course in computer programing.

After completing the program, it was a year before Dennis realized that the skill level given him by the course was not a level for which an employer was willing to pay.

His half year of training was compared with college graduates with four years of training. What is just as significant, the school he attended gave him no effective help in finding appropriate work.

An important lesson is there for us to learn. In order to obtain a particular job, a person must meet particular qualifications, and for the

most stable jobs that almost always means a training program. But not just any training program will do! It must be selected with great care to insure that it provides the level of training needed to get a specific job.

Dennis Bynum had been out of work for three years and was burning with a desire to return to work. He had a strong interest in data processing, but no experience. He was delighted to learn that Bear Stearns and Company, a Wall Street brokerage firm had an opening for a distribution clerk on the night shift in the data processing department. It was in New York but Dennis did not mind. He met the qualifications. He was interviewed. He started work.

That was almost 6 months ago. Dennis has called a number of times to thank us and to report on the job. He likes what he is doing and is very pleased that the company's policy is to promote from within. Also, the employer is very enthusiastic! Dennis does his work very well. He's always on time in spite of the long commute and he's always there. The department manager says he always asks for Dennis when he phones the office late at night. The employer



Dennis Bynum

wants to hire more people "like Dennis."

The truth is that there are not many people "like Dennis." But if you do not just "want a job", but have a burning desire to *work*, call 643-3828 for an appointment to come to New Community Employment Center for an interview. We are at 15 Hill Street, just across Broad Street from Newark City Hall and we are helping people find employment every day.

Are You An Office Worker? Do You Work In A Factory?

If you do, you can provide a tremendous service without leaving your office; you can be instrumental in enabling someone to get back to work.

Next time you learn of a job opening — from a friend, within the office, from a sign in a store window — first think of the people you know who might fit in. Then think of New Community Employment Center. We have hundreds of people in our files who are looking for work and one of them could easily fit that job. Just call the Hotline number — 643-3828 — and say, "I want to report a job!" Also we need one person in each neighborhood and in each large office that will make a *weekly commitment* to check in their area for job openings. If you can help with this or would like to discuss it, call John Bins at the Hotline number. Remember:

"I want to report a job!"

Call 643-3828

Work Order System Going Well

During the past five weeks the Central Maintenance Department has implemented an Automated Work Order System. Repairs to all New Community and Babyland facilities are responded to via the work order. The computer system helps coordinate requests for repairs with available man power and resources.

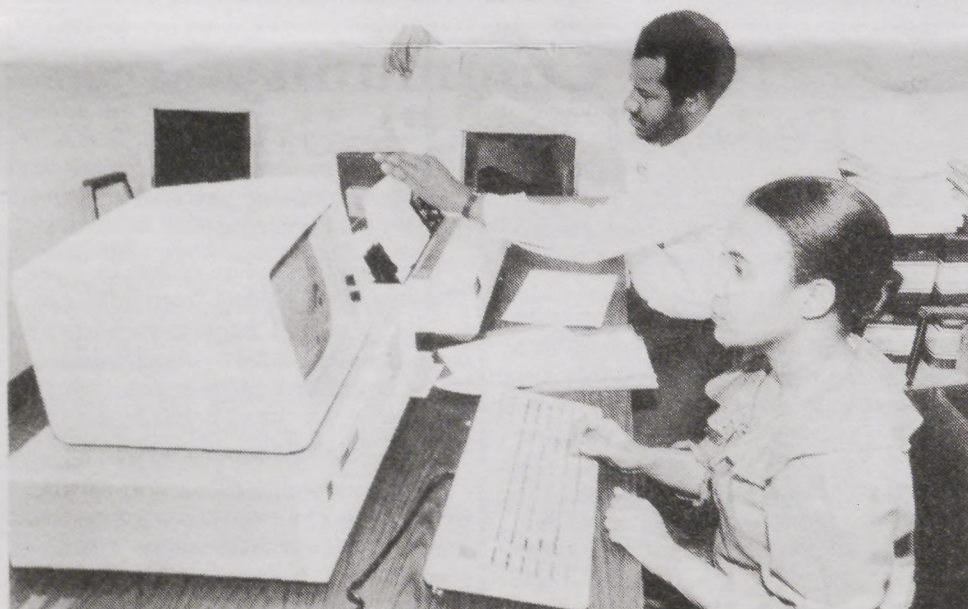
The automated system has several advantages over the manual one. First is rapid access to historical data. Sorting can be performed in a variety of ways: for a given building, or apartment, or type of repair. As an example, an inquiry can be made as to the number of electrical repairs done in apartment 101 for a given building. A second advantage of the system is accuracy. Special reports have been designed to rapidly and accurately compile weekly labor billings for each facility.

The software has been developed by

HRL Associates, a maintenance engineering firm based in Vienna, Virginia. The product is called TMS Total Maintenance System. The micro-computer-based software is running on an IBM-AT. Five staff members from the maintenance department have been trained on the uses and procedures of this system.

The Automated Work Order System provides the Director of Maintenance with a powerful management tool. Information is available to assist in planning, scheduling and monitoring performance. This in turn benefits both the management department and residents, due to the enhanced service provided by maintenance. The progress with the Automated Work Order System is a natural lead-in to automated inventory control and a comprehensive preventive maintenance program.

Jim Rohrman



Director of Maintenance Palford Drye and secretary Linda Studivant work with IBM-PC as they check work orders.



Extended Care Facility Grows!

Photo of hall, above, gives some idea of large size of new nursing home. On right above, huge fuel oil tank for facility is being installed. Lower photo shows arches set for chapel to be housed in building.



Andres R. Cuevas se Une al Equipo de Trabajo de NCC

El personal administrativo de NCC debe poseer una magnífica combinación de conocimientos sólidos en negocios, en adición al compromiso permanente de servirle a la comunidad. El crecimiento continuo de NCC también significa que dicha entidad debe estar siempre alerta para emplear personas que posean las cualidades arriba mencionadas, y, por consiguiente, ocupen un lugar en su futura y continua expansión.

Una de estas personas se llama Andy Cuevas. Andy se ha unido a NCC, y desempeñará la posición de Director Asociado de Gerencia y



Andres R. Cuevas

Operaciones. Estará laborando en todas las fases de la operación de NCC, incluyendo finanzas.

El Sr. Cuevas goza de una excelente reputación profesional, habiéndose desempeñado como Director de Operaciones de Puerto Rico Housing Finance Corporation antes de unirse a NCC. Desde esta posición él supervisaba las operaciones diarias de dicha corporación pública, y también a sus empleados.

Andy ha visitado en muchas ocasiones anteriores los Estados Unidos, habiendo cursado parte de sus estudios universitarios conducentes a su bachillerato en Pennsylvania. Regresó a Puerto Rico, donde completó sus estudios en Administración Comercial, con especialización en Gerencia, además de otros cursos en Economía y Mercadeo. Antes de integrarse a NCC, estuvo estudiando para su maestría en la Universidad Interamericana de San Juan y piensa terminarla en alguna institución cercana a Newark.

En adición ha tomado cursos en la Universidad de Chicago, y en Kent State University.

Perteneció al Comité de Gerencia de la Asociación de Agencias de Financiamiento de la Vivienda, con sede en Washington, D.C.

La primera ocasión en la que Andy se enteró de la existencia de NCC fue en el 1981 mientras tomaba un curso de entrenamiento en New Jersey Finance Agency. Fue allí que conoció al Reverendo William Linder, miembro de la Junta de Directores. Cuevas se expresa de la siguiente forma: Padre Linder es uno de los ejecutivos más inteligentes y profesionales que he conocido." En otras reuniones en Houston, Texas, y en Nashville, Tennessee en 1983, escuchó más acerca de NCC y fue entonces que comenzó a sentir inquietudes de formar parte de dicha entidad.

Su trabajo en Puerto Rico iba muy bien pero el Sr. Cuevas comenzaba a proyectar hacia el futuro de sus dos hijas, Idalie de 15 años, y Maria, de 13, en relación al desarrollo de la educación de ambas. El entendió

que las oportunidades educacionales para las niñas serían superiores en el futuro en los Estados Unidos, y que tal vez su familia entera encontraría en New Jersey un buen ambiente de vida también. Por primera vez, le mencionó sus deseos de trasladarse a los Estados Unidos a Skip Lee, y más tarde fue invitado a conocer los miembros de la Junta de Directores de NCC, donde encontró un ambiente receptivo a sus talentos.

Quedó impresionado con la forma de trabajar de Skip Lee, y también con Guillermo Cruz, George Hutton, Matt Reilly y otros ejecutivos en NCC, y entendió que NCC, con su profesionalismo, seguiría progresando. Enfatizó el hecho de que lo importante no es hablar sobre lo que hay que hacer, sino asegurarse de que se haga. "Me siento orgulloso de trabajar para NCC," me indicó sinceramente.

Hace dos años que el Sr. Cuevas ha estado trabajando y resolviendo sus asuntos profesionales y familiares en preparación para su mudanza aquí, y está muy agradecido por la comprensión demostrada por la Junta de Directores. En esta confianza la que hace a NCC la entidad especial y personal que es. El Sr. Cuevas encuentra a NCC un equipo de trabajo y una familia, en cierto sentido.

Su esposa de 17 años, Maria, ya estuvo aquí a conocer la Junta de Directores, y también conoció varios de los empleados de NCC. Ella tomará la decisión final en relación a donde vivirá la familia.

Mientras tanto, la Sra. Cuevas se esta preparando para la mudanza cuando termine el año escolar de las niñas en Mayo. El apodo de ella es Ruchy, y es natural de Cuba, explica su esposo.

El Sr. Cuevas es natural de Ponce, la segunda ciudad en importancia en la isla y tiene raíces muy profundas en la isla. Sus padres se mudarán a Estados Unidos el próximo año. El es el mayor de 4 hijos, dos de los cuales también están ya en los Estados Unidos.

Andy ya ha estado conociendo sus compañeros de trabajo, y esta muy complacido con las ideas de mejoramiento que ha escuchado hasta ahora.

El Sr. Cuevas enfatizó que intenta realizar lo mejor posible su trabajo, y que trabajará muy de cerca con los empleados de NCC. Mencionó el hecho de que no todas las decisiones que hacen las personas en su posición complacen a todo el mundo, pero piensa que será imparcial y justo en dichas decisiones. Prometió también que estará accesible para cualquier comunicación, lo mismo escrita que verbal, tanto de sus compañeros como de los residentes.

Durante los siguientes dos meses, Andy tendrá la doble responsabilidad de orientarse con el sistema de trabajo de NCC, y al mismo tiempo se encargará de las necesidades de su familia para mudarse acá; él estará muy contento cuando su familia finalmente se mude.

Su actitud positiva salió a relucir con un comentario realizado por él durante la entrevista: "Quiero quedarme aquí final y definitivamente."

Con la combinación que posee tan positiva de talentos y metas, esperamos sus deseos se cumplan.

Sacerdote de habla hispana disponible para parroquia Santa Rosa de Lima

Recientemente, la parroquia Santa Rosa de Lima obtuvo los servicios del Reverendo Mariano Coba, de la orden Siervos de Maria, para atender las necesidades de la comunidad de habla hispana perteneciente a la parroquia antes mencionada.

Padre Coba se acercará frecuentemente a los hispanos de dicha comunidad para proveerles aquellos servicios que actualmente estan siendo provistos a la comunidad norteamericana.

Padre Coba es un sacerdote joven original de Colombia, Sur América; en el mes de agosto se cumplirán cinco años desde que se convirtió al sacerdocio. Durante tres de esos años estuvo enseñando en un seminario en El Paso, Texas. Parte de su trabajo consistió en alentar las vocaciones. Después de ese tiempo Padre Coba solicitó un cambio, ya que sus deseos eran trabajar más de cerca con la comunidad completa de alguna Iglesia... con las personas directamente.

Durante los últimos seis meses estuvo laborando en el sistema de escuelas parroquiales de El Paso y ha disfrutado del acercamiento a distintas tarimas.

Al completarse el contrato del Padre Coba, escuchó acerca del trabajo que se realiza en Santa Rosa de Lima y decidió aceptar la oportunidad.

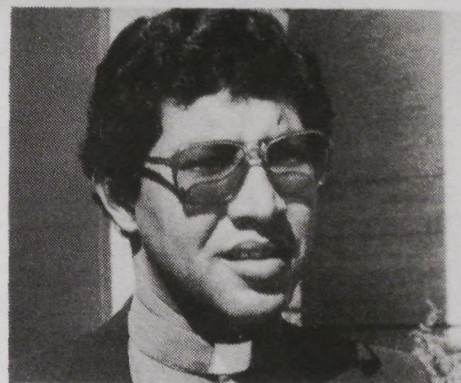
Durante un tiempo, nos indicó ha permanecido en un periodo de observación antes de comenzar alguna actividad. Ha concluido que la juventud de Santa Rosa de Lima está muy unida, pero no cuenta con liderato espiritual en algunos aspectos. Ha estado en comunicación con dicha

juventud para determinar cuáles son sus necesidades; ellos lucen muy cooperadores, mencionó.

El tratará de identificar las necesidades de los distintos sectores y tratará de servirle a todas las personas, la familia completa de la iglesia.

El trabajo que el Padre Linder está realizando le agrada mucho, por el mismo deseo de él de estar activo en la comunidad. El está muy contento por la oportunidad que le ha brindando el Padre Linder, dijo sinceramente, y piensa que hay muchas oportunidades de que sus deseos se conviertan en realidad.

Estoy seguro que veremos mucho al Padre Coba; estamos contentos de tenerlo con nosotros.



Reverendo Mariano Coba, Siervos de Maria

Esfuerzos Hispanos Combinados Para Mejorar de Educacion

Al principio del mes de Marzo, de 1985, la Corporación Hispana de Desarrollo Económico y Vivienda, comenzó un esfuerzo para mejorar la educación de los hispanos en la comunidad de Santa Rosa de Lima. La importancia de este esfuerzo consiste en la creación de un programa de literatura de computadoras, tutoria, y clases de instrucción en Inglés, como segundo lenguaje.

Todas las clases han comenzado muy bien. Actualmente, la clase que más acogida ha tenido es la de literatura de computadoras. Hay aproximadamente sesenta estudiantes matriculados en este programa, cuyas edades fluctúan entre 5 y 60 años. Los estudiantes estan aprendiendo lenguajes de computadoras, tales como Basic, Logo, y Graphics. Una vez completen dicho programa, los estudiantes habrán adquirido suficientes conocimientos de computadoras y lógica de programación.

Las clases de Inglés como segundo lenguaje están diseñadas para aquellos adultos que estan interesados en ampliar sus conocimientos de Inglés. Los estudiantes deben hacer todas las preguntas que deseen. Dichas clases son ofrecidas todos los martes y jueves a las 7:00 p.m. en la Rectoría Santa Rosa de Lima y todos aquellos que estén interesados son bienvenidos.

Para completar las actividades de educación de la Corporación, tutorias gratis estan disponibles en el auditorio de la escuela para distintas clases desde Estudios Sociales hasta Cálculo Avanzado.

Una vez más, exhortamos a la juventud de la comunidad a beneficiarse de estas actividades.

Gobernador de Nueva Jersey se Interesa por Superacion Comunidad Hispana

El pasado 10 de Abril de 1985 se celebró en el Lowes Glenpointe Hotel el primer encuentro de Negocio Mundial, con la asistencia del Hon. Gobernador de Nueva Jersey, Thomas H. Kean, y algunas personalidades representativas de diferentes países de América Latina. Fueron momentos impresionantes para los asistentes, pues por primera vez alguien se interesa por el futuro de la comunidad hispana.

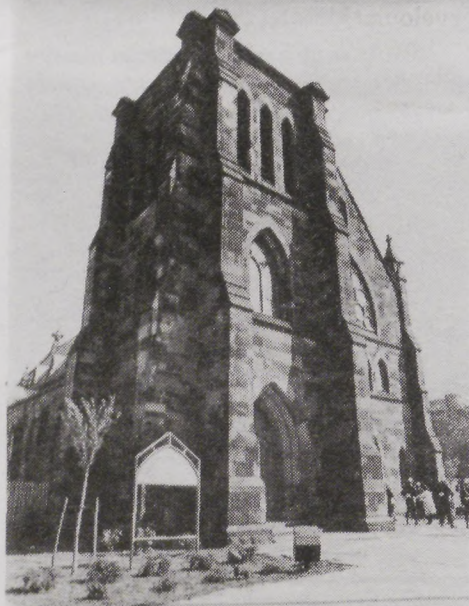
Los temas a tratar fueron, primero, una amplia explicación de la economía comercial por administradores de la Cámara de Comercio del Departamento de Acción de la Comunidad, personas completamente capacitadas para orientar a los hombres de grandes y pequeños negocios del estado de New Jersey. Otros temas de vital importancia fueron el análisis de nuevas oportunidades de empleo, educación y vivienda.

El Gobernador Thomas H. Kean habló de manera impresionante a los hombres de empresas que asistieron al programa de Negocio Mundial. El tiene mucha confianza en la comunidad hispana y dice que los hispanos están dotados de una amplia cultura y un potencial de superación social y económica. El confía en la unidad de los hispanos para hacer de este plan una comunidad mejor.

St. Joseph Plaza...

continued from page 1

"Rarely in the history of any great city has one group done so much for so many," he declared. The Governor also lauded all the many agencies who were involved in the undertaking and who provided tremendous resources. "But the real resources are not the various people named," he explained, "the real resources are human beings. That's what makes it happen — that there are human beings who care about it. They keep going even when people say 'Stop' or 'it can't be done,'"



St. Joseph Plaza

"This building by its very existence will give the city something it needs very badly — and that's hope," he told them.

The Governor spoke of the plans for further housing and for the new shopping center and of the many long hours being put into plans for the future by the people there, and the fact that these plans *would happen*. "This city is coming back — no question about that". He expressed a desire to see more about NCC's work in the newspapers. "I would like to see some *good* things about this city for a change in those papers," he said strongly, "and I would like to see this used as a national model for people everywhere."

In his remarks, Father Linder told the audience, evoking laughter, that if they hadn't set a date for the opening, The Plaza would probably not be finished yet. He told of the long hours worked by all in order to finish in time, and thanked those whose efforts had made it happen.

Father pointed out to those gathered that New Community was a non-profit organization and continued, "if it was *not* a non-profit this would never have happened. You don't really attempt something like this in the center of Newark unless you really care, and are not looking for it as in investment. That's why New Community and all the other non-profits in our state are so important. They generate an excitement. You don't have people willing to work until midnight if the only return is money," he assured them. "First, none of us have that kind of money, and secondly we don't get the type of worker we need unless people really want it to happen," he went on to explain.

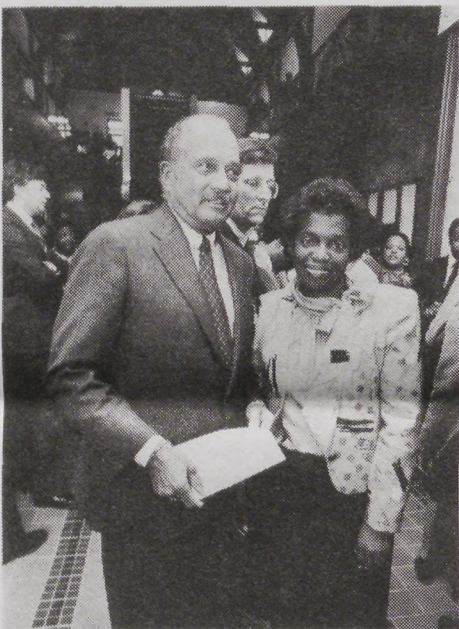
Development comes block by block

according to Father Linder, one project at a time. "There are times when there might be two or three projects going at a time but its hard work, and there is no magic formula for it," he added. The local community must really benefit from any project, he felt.

St. Joseph Plaza is the second undertaking in which New Community has been its own general contractor, through its Chelsea Construction Company — the first being Babyland Nursery III. It was just "too close to our hearts to dare let anybody be the general contractor", he said firmly.

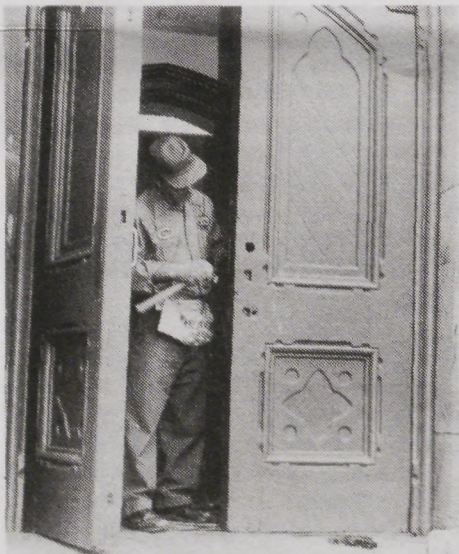
New Community is a family, he explained to those gathered, encompassing all age levels and backgrounds as depicted in the "family portrait" on the entrance wall of the building. its strength comes from its diversity — the fact that it's meant for everyone.

In explaining the New Community Federal Credit Union he mentioned the advantage to *it* of this diversity.



Dr. James R. Cowan, President and CEO of United Hospitals Medical Center, with Mary Smith.

Although unique in that it was federally chartered to *serve people of limited income*, it is still allowed to take non-member deposits and put that money back to work into the community in the form of for instance, the small business loans mentioned by the governor. The depositors will still be federally insured for up to \$100,000. "The various levels of government are actually encouraged by federal legislation to deposit money in this type of



Carpenter prepares door at St. Joseph.



Visitors look over the new St. Joseph Plaza before opening ceremonies.

credit union," he told them, laughing as he saw that the message had been received by his listeners.

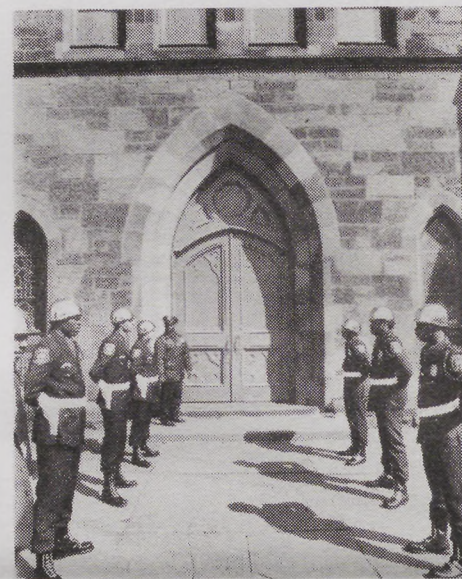
Fr. Linder announced the opening of The Sandwich Shop on April 29th, adding that the young group running it had been preparing for two years by attending The New York Restaurant School in New York City. He then oriented the visitors to the rest of the building where they would later be able to visit the New Beginnings Spa and Wellness Center, The Health Care Center and the New Community administrative offices and computer center.

In closing Father reminded everyone of the increased permanent employment opportunities which New Community's innovative ideas had



Rev. Wm. Linder presents Gov. Kean with Workers Prayer.

and will be creating. Two years ago, he pointed out, NCC had 210 permanent jobs. As of April 18, 1985 they had 312, he went on, and by October of this year there will be 419 permanent jobs created by NCC. "Our goal is to reach by June of '86 eight hundred and fifty permanent jobs. These are jobs which are not paid out of federal or state money but out of the private sector and economic development. "Every one of these workers," he said proudly, "will have a full medical program with their own insurance, even for doctor's bills, which gives everyone the right and the power to have, pick and choose, the right kind of medical treatment that they want. This is so overdue in our community," he said emphatically.



NCC Security Color Guard proudly greets guests.

In remembrance of the occasion, Governor Kean was then presented with a framed copy of The Worker's Prayer in honor of the May 1st birthday of St. Joseph patron Saint of all workers, by Father Linder, who noted that the governor's birthday was coming up soon.

After the ceremonies a reception was held and an opportunity to tour St. Joseph's Plaza given.

Refreshments were served in the Executive Conference Room and the lovely flower filled area of The Priory Restaurant which will be opening in about six months.



Commissioner John P. Renna of N.J. Department of Community Affairs joins Gov. Kean and Mary Smith.



Father Linder and Mrs. Deborah Kean, wife of the governor, share a light moment at the reception in the new Priory Restaurant.



Standing room only crowd hears Father Linder describe services offered at The Plaza.



Mayor Kenneth A. Gibson draws laughter with opening remark as Bishop Francis, Gov. Kean and Father Linder join in.



The governor takes time out to commend the hard working hostesses for the days event.

Impressions Of St. Joseph Plaza On Opening Day

As I wandered around St. Joseph's on opening day, tape recorder in hand, I asked those I met what they thought of Newark's latest office building. These are their replies:

Most Rev. Joseph A. Francis, Vicar for Essex County, Archdiocese of Newark.

"Well, I think it's really a dream that many people had. Father Linder I suspect was the primary dreamer. And I'm very happy about this because I feel in some small way I was able to help convince the Archdiocese that it should be sold to New Community. When I saw the original sketches, I was impressed at that time, never dreaming that what we see in reality is much, much more impressive than the actual renderings that I saw. Normally it's the other way around — the renderings always look so much more appealing than the reality. But I think the colors, the tastefulness with which this has been done certainly was not evident in the renderings I saw, and I'm just very happy to be here today."

When asked how he felt about St. Joseph's not being a church anymore he replied "It's still a church, because church is not really about buildings but about people, and it will still be serving them."

Steven B. Hoskins, Esquire — Partner, McCarter & English Esquires, Newark.

"I think all the hard work of all the New Community people over the years has just been culminated in this beautiful job that they've done on this facility. It's really exciting and so different and new from some of the more traditional things we've done in the past and I can see this just as a springboard for all the dramatic business development and job opportunity things New Community is going to be doing in the years to come."

Jeanne Gibbons — Member of Babyland Nursery Board of Directors

"Well, I was very impressed when I saw the initial drawing about 4 years ago, and it is even more spectacular than that."

Roz Li — Architect for St. Joseph Plaza

"What makes this project different for me is not only the fact that it is a historical structure but that it is for a non-profit group whose goals I believe in; because you can work on architectural projects that have entirely different goals. In this case the political, historical, social and

esthetic goals all come together for me. It doesn't happen often."

Ray Saks — Newark Realtor

"I think it's a fabulous, fabulous idea. Being a realtor in town here I think this is a great move. Of course I think New Community has done some marvelous work throughout the town. But the concept of taking a church and changing it into an office building is just a beautiful thing. It's very forward."

Mrs. George Renner — Industrial Hardware, Central Avenue, Newark

"I'm very much impressed, in fact overwhelmed. Not having been here for a while — the change — I think it's a marvelous thing to do and I'm sure it will be very successful."

Matt Neumark — Supermarkets General Corporation

"I think it's fantastic — very exciting."

Peter Banta — Hackensack Attorney representing United Jersey Bank which was involved in some of the financing on some of the New Community projects.

"I am very much impressed. I think it's a wonderful recycling of an old building and a great community resource."

Richard Rein — Vice President of United Jersey Bank

"I must tell you I am just so impressed. This is so beautiful and absolutely gorgeous."

Bill Guyton — UMDNJ Board of Concerned Citizens

"It's beautiful. We were here about three years ago when they were in the process of changing the place and you can't imagine the difference in it today. It's beautiful." "Unbelievable but true," added wife Dolores. "It's something we need in the City of Newark," concluded Bill.

Bonnie Fuller — New Community Homes resident

"I just think its magnificent. When I just read about it in the Clarion I didn't realize it was finished. I walked all around here and I think its gorgeous. I'm glad it is here. We need something like this. I will probably be the first to come here to eat because I love eating out."

Ellen Maynard — Orange resident

"I think this is a beautiful place. It is absolutely beautiful. I was surprised to see so many people though. I didn't expect to see quite this many people. But it is a gorgeous place — it really is."

Michael Irwin — New Jersey Health Care Facilities Financing Authority — Project officer for NCC Extended Care Facility funding.

"I remain very much interested in the work of New Community Corporation and am very, very impressed with this project."

Audrey Jackson — Planned Parenthood, Essex County

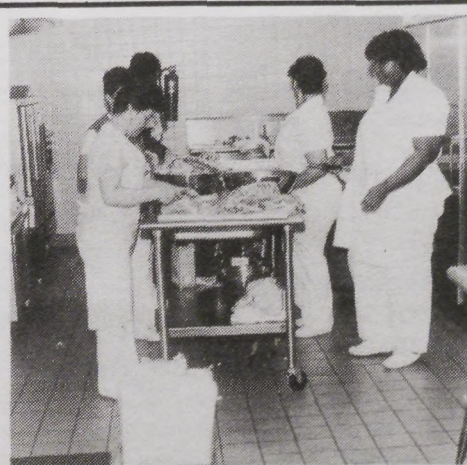
"I think it's absolutely beautiful. Absolutely beautiful!"

Kathy Sullivan — Honeywell Communications

"I think it's beautiful. It's come a long way in the last few months."

Bill Chisholm — Short Hills

"The physical plant that you have is marvelous, and it requires the awareness of people to take care of what they have."



Kitchen workers spent days preparing a delicious repast.

At Your (Social) Service

by the Staff of NCC Social Services Department

For information concerning Social Services activities please call 623-6114

Powdered Milk Now Being Distributed

The U.S. Department of Agriculture has recently released for distribution millions of tons of instant, nonfat dry milk. This milk is pasteurized and fortified with vitamins A and D.

In spite of the great need in our community, many people have not accepted any of this free commodity. Social Workers, in talking with clients have learned that many people have refused to accept any because they don't know what to do with it. As a result we thought that we would try to provide a little information about the many ways in which it can be used.

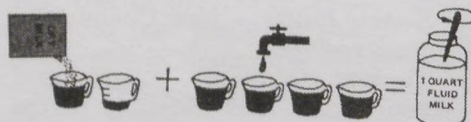
Some such uses are:

- drinking purposes
- serve with cereal
- use to make fresh bread, pies cakes etc.
- cream sauces, puddings
- hot cocoa
- chocolate milk

Fluid Milk made from Instant Nonfat Dry Milk can be used in place of fresh milk for drinking and cooking.

For drinking, the milk should be served well chilled. When used for cooking, it should be heated slowly at a low temperature.

Use clean drinking water for mixing this milk.



HOW TO MAKE FLUID MILK

DRY MILK - 1 1/3 cups
WATER - 4 cups } = Fluid Milk

(LECHE EN POLVO - 1 1/3 tazas
AGUA - 4 tazas } = leche liquida)

Put 1 1/3 cups nonfat dry milk in a large jar, pitcher or other container. Add 4 cups water and stir. Makes 1 quart (4 cups) fluid milk. Use at once or cover and store in the refrigerator. Use within 3 to 5 days.

TO MAKE ONE CUP FLUID MILK:
USE 1/3 cup nonfat dry milk and 1 cup water.

(Ponga una taza de leche en polvo sin grasa en una jarra grande o cualquier otro envase. Aqueque 4 tazas de agua y revuelva. Da para un litro (4 tazas) de leche liquida. Usela inmediatamente o si no cubrala y guardela en el refrigerador. Usela dentro de 3 a 5 dias.)

(PARA HACER UNA TAZA DE LECHE LIQUIDA: use 1/3 de taza de leche en polvo sin grasa y 1 taza de agua.)

HOT COCOA

1/2 cup cocoa
1/2 cup sugar
6 cups water
2 cups instant nonfat dry milk

VANILLA CREAM PUDDING

2 tablespoons cornstarch
1/4 cup sugar
1/2 teaspoon salt
1 egg
2 cups fluid milk
1 tablespoon fat (margarine or butter)
1 teaspoon vanilla

Mix cornstarch, sugar, and salt in a pan., Set aside. Beat egg and add milk. Stir into cornstarch mixture. Cook and stir over medium heat until mixture thickens. Cook and stir 1 minute longer.

Stir in fat and vanilla. Chill before serving.

Makes 6 servings, 1/2 cup each.

VEGETABLE IN CREAM SAUCE

2 tablespoons fat (margarine or butter)
2 tablespoons flour
1 cup fluid milk
salt and pepper as you like
3 cups drained, cooked or canned vegetable (such as carrots, peas, green beans, lima beans, or spinach)
Heat fat, stir in flour.

Add milk slowly, stirring until smooth. Cook and stir until mixture is thickened.

Add salt and pepper and vegetable. Heat.

Makes 6 servings, 1/2 cup each.

At a time when there is so much hunger in the world, we cannot afford to throw away any food - Remember the starving people in Africa.

V. Scott

NCC And Human Services Plan Prevention Program For Youth

As a result of the current rate of crime, as well as child abuse, New Community Social Services, reached out to enlist the assistance of DYFS in planning a strategy that will inevitably result in less crime and a better informed child and parent, in relation to sex and physical abuse. This goal will be achieved by offering many alternative approaches. Joan Ayers, Gregory Smiles and other top

administrators from Human Services met with NCC Social Services to "brain storm" relative to the initial step, which will be an informative conference, to be held in the fall. Currently, a major recruitment drive is taking place to enlist as many parents and other residents as feasible for their meaningful assistance in the development of this conference, which will take place in the fall.

Summer Youth Employment And Training Program

If you want a job for Summer Youth Employment and Training Program (SYEP) for summer of '85, applications are now being given out at Social Services between 9:00 a.m. and 5:00 p.m., Monday thru Friday. When you come in, ask for Sheila Washington. If you already have an application from your school you do not need to fill out another.

Only youths between 14 and 18 years of age are eligible.

NCC Youth Will Enjoy Camping

Each year New Community attempts to get some of our under privileged young people out of the city and expose them to a healthy environment, by giving them camping experience. Generally, this is done through the coordination and cooperation of various sponsoring agencies.

These children would not be able to go to camp were it not for these Social Service Agencies. Some of the supportive agencies are: YMCA, Salvation Army, and Fresh Air Fund.

Anyone interested in sending a child to camp should contact the NCC Social Service office. There are a limited number of applications available on a first-come, first-served basis. Some of the applications require a limited fee. For others, depending upon the financial status, a campership grant may be available. The camping periods will take place between July and August. These are residential camps.

NCC Cooking Club A Success

The cooking club that started about a month ago has generated a lot of excitement and interest. At each session there is always a good attendance. The kids are having a ball learning to prepare a variety of dishes, so that they can become more independent at home by knowing how to prepare simple meals for themselves.

Currently, the course is offered twice a month, on Tuesdays at 4:30 p.m.

For each session there will be a guest cook. During the month of May guest cooks will be our own Sister Clare Terrance of NCC Social Services, and Mrs. Rita Quattlebaum, Home Economics teacher of Newton Street School.

Some future plans include film sessions, nutrition education, and fire prevention information from the fire department.

NCC Senior Activities

On Wednesday, April 19, 1985, a group of twenty-four (24) residents from NCC enjoyed a lovely afternoon matinee at the Minskoff Theatre, in New York City.

After overcoming a few minor obstacles with transportation, the group was enroute to the theatre, arriving only minutes before the curtain rose for Act I of one of the hottest, "high" kicking, fast stepping musicals on Broadway, **The Tap Dance Kid**. The rhythm of the beats, had the audience patting their feet. The singing, acting, and, of course, the dancing were absolutely Superb! The many stage settings displayed color and brilliance.

The residents were ecstatic. Many have already asked to have their names placed on the list for future shows, which will include: Cats, Ma Rainey, and Evita.

Many thanks to all our theatre goers. (See you in June!!)

Calendar of Events

* Curtis Watkins will be performing his annual Spring mini concerts at each of the senior buildings. The dates and locations are as follows:

Location	Date	Time
N.C. Douglas	Mon. May 6	1:00 p.m.
N.C. Associates	Tue. May 14	11:00 a.m.
N.C. Commons Senior	Tue. May 14	2:00 p.m.
N.C. Manor Senior	Wed. May 15	11:00 a.m.
N.C. Roseville	Fri. May 17	2:00 pm.

* Annual Governor's Concert for Seniors - Saturday, May 18, 1985. All seats are free, call Social Services for more information.

* Senior Citizens Banquet at Town & Campus, West Orange, NJ. Tickets are \$12.00 per person. Cost covers meal, entertainment and transportation. Call for information.

* The scheduled Tour of NBC Studio, Rockefeller Center, New York, has been changed to Friday, May 31, 1985. Bus will start picking up from each building at 8:30 a.m. The cost per person is \$4.75, plus .50¢ for bus fare.

Bus Trips (Local)

Now that the weather has improved we are looking forward to having more residents participate in our bowling activities which will be every Monday starting in May, from 10:00 am. - 12 noon. The location is Lyon Bowling Lanes, Irvington. Come join the fun, you'll be glad you did!

For more information, please call Ms. Newsome at Social Services.

ATTENTION ALL TENANTS
NCC Health Care Center
623-2480

Transportation to NCC Health Care Center will be provided for your convenience.

★★ To Honor Those Who Gave Their Lives ★★

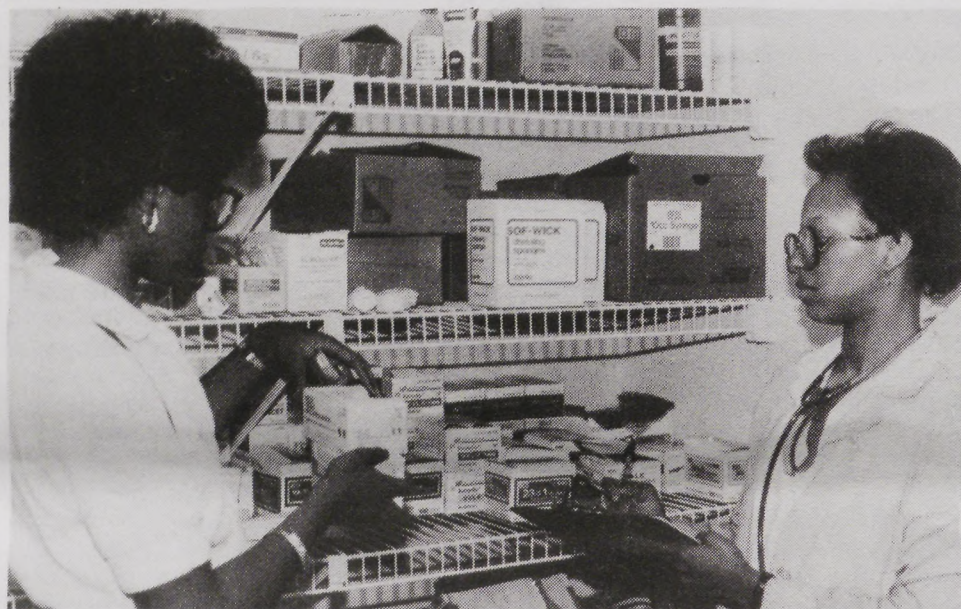
**SHELTER — COUNSELING
REFERRALS BY TRAINED STAFF
FOR
BATTERED WOMEN
AND THEIR CHILDREN**

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**24 HOUR HOT LINE
CALL ANYTIME**

**SPONSORED
BY
BABYLAND
NURSERY, INC.**

Health Care Center In New Home



Workers Anna Clemmons and Beverly Bradley stock shelves as New Community Health Care Center settles into its new home.



Health Watch

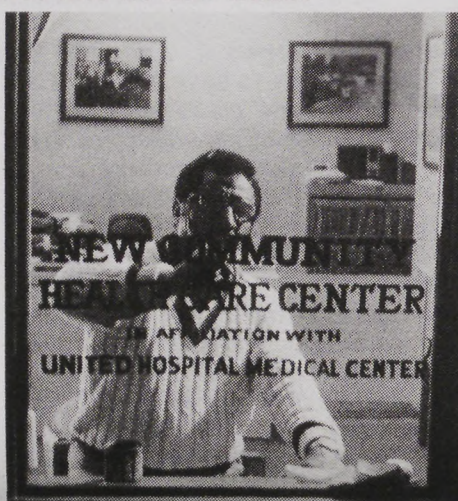
Dr.
Bruce Greene
Family
Practitioner

Here are some helpful tips that may improve your quality of life:

- Many patients see more than one doctor and can accumulate many pills, often the same medication in a different form. This can become a problem and lead to serious health hazards (for example -low potassium). It is essential that you bring *all* of your medications for your doctor to examine on your next visit.

- According to the American Cancer Society: Prostate Cancer is the #2 killer of black men over the age of 50. If you are over 50, you should have a yearly prostate examination by your physician.

- Colon-Rectal Cancer is the #2 killer in men and women over the age of 35. If you are over 35, insist



Sign painter Rock Miller, performs his delicate artistry on The New Community Health Care Center door.

on a yearly test for colon-rectal cancer at your doctor's office.

- All women should perform monthly breast self-examinations and anything suspicious should be reported to your physician. Not all "lumps" are cancerous, but *should there be cancer, the earlier the lump is detected, the better.*

Ask questions and be informed about your health. It's important!

FOOT FACTS:

Running or Jogging

While the majority of these people run to "stay in shape," it must be emphasized that running in any form is an athletic event; therefore, one should already be "in shape" in order to run on a regular basis without injury or undue physical stress.

Runners can be classified into the following categories:

1. Joggers: Those who run 3 to 20 miles a week at a 9 to 12 minute pace per mile.

2. Sports runners: Those who run 20 to 40 miles a week and participate in "fun runs" of 3 to 6 miles.

3. Long distance runners: Those who run 40 to 70 miles a week at a 7 to 8 minute pace per mile and participate in 10 kilometer races and occasional marathons.

4. Elite marathoner: Those who run 70 to 200 miles a week at a 5 to 7 minute pace per mile.

No matter what category you belong to, running injuries are similar and in many cases predictable. The overuse syndromes such as chondromalacia, achilles tendonitis, shin-splints, stress fractures, fascial strains, low back pain, and others can be reduced and in many cases prevented when the runner is attentive to the following basic areas:

1. TRAINING
2. ENVIRONMENTAL FACTORS
3. SHOE GEAR
4. BIOMECHANICAL FACTORS

TRAINING
Training errors continue to be the most common cause of running injuries. Excessive mileage, excessive speeds, rapid increases in mileage or speed, improper or inadequate warm-up, and incorrect stride length all contribute to overuse injuries. Your body and its parts must be given adequate time to adapt to stress. The muscles in the back of the leg, thigh, and lower back require flexibility through stretching. The muscles of the front of the leg, thigh, and abdomen require strength. All muscles require endurance. Set proper goals and a realistic timetable to achieve these performance levels.

ENVIRONMENTAL FACTORS

Running surface, temperature, and slopes in the running course are all factors which affect the running experience. In particular, sloping terrain and banked running tracks put additional stress on the muscular-skeletal system. When evaluating the symptomatology of overuse injuries, negative or extreme environmental conditions should be the first consideration.

SHOE GEAR

Since running shoes are the only investment necessary to enjoy running

Dr. Kenneth
Frank
Podiatrist



as a sport, shoe selection should be made wisely. Your shoe should provide a snug fit in the heel with adequate toe room. There should be a firm heel counter. The heel should be elevated and the flare measure no more than 3½ inches. There should be a well padded tongue and achilles pad. The midsole should be flexible. Your athletic shoe store will be happy to point out the characteristics of the various shoe brands, such as varus wedging, straight or vector last, shock absorption versus rearfoot control, and traction properties. Ask your sports podiatrist for recommendations concerning proper running shoes for your feet.



BIOMECHANICAL FACTORS

Running is not the same as walking fast. Only one foot is on the ground at a time, and each foot hits the ground up to 2000 times per mile, bears up to 8 times the body weight, and must adapt to the running surface to provide shock absorption. These factors will all produce added stress on the musculoskeletal system which can turn minor mechanical and anatomical differences into disabling injuries.

If alternation to training programs, environmental factors, and shoe gear do not provide relief for running injuries, a prescription orthotic appliance may be indicated in order to balance abnormal mechanical forces in the foot and leg. A sports podiatrist can determine the need for orthoses. By performing a thorough history and physical examination, joint range of motion studies, muscle strength, posture analysis, and running and walking gait analysis, the sports podiatrist analyzes the mechanical range of motion to discover where support and control can alleviate stress. The orthotic appliances are then fabricated specifically to the runner's individual requirements.

A prescription orthotic appliance improves shock absorption, prevents abnormal pronation, improves muscle function and athletic performance, and prevents injury. Do not confuse orthotics with "arch supports" which may be purchased over the counter.

Moving Up!

Congratulations to Johnny Etta Green who was promoted from Security Officer to Rental Clerk at the Douglass-Harrison Management Office. Ms. Green has been employed by New Community since August 1983 as a dispatcher at the Security Base Station. We wish her success in her new position.



CPR CLASSES

OPEN TO
ALL STAFF

NCC, ST. ROSE
BABYLAND
NCC RESIDENTS

MONDAY 6:00-9:00 P.M.
NCC COMMONS PAVILION
298 MORRIS AVE.
Instructor Sole dad Alston
375 3143

American Heart
Association

NC Commons Families News

Security Speaks to Tenants

At our April 10th tenant meeting, the guest speaker was Mr. James DuBose, Director of Security.

We had a very informative meeting and were brought up to date concerning many beneficial changes in security, such as a merit system for security, to recognize outstanding service. We were also told that with the new computer every tenant or house has a code number to help assistance reach them quickly.

Mr. DuBose explained that his office is always open to residents and hopes they will feel free to come in.

He also mentioned he is interested in starting a Little League generating from New Community Security.

A special thanks to Mr. DuBose for coming to talk with us.

A Note of Thanks from the Boykins Family

At this time we would like to thank all the neighbors, tenants and friends who aided us, at the time of the loss of our mother.

A Very Special Thanks to New Community who assisted us in every way. We know our mother would be pleased.

Roberta Singletary

My Mother

From my infancy to my womanhood Mother, you taught me the difference between wrong and good. You showed me how to appreciate each day on earth. And you did this from the very first day of my birth.

You trained me to say my prayers, also to read a Bible verse each day, Asking our Heavenly Father to guide me in every way, You said, "Katherine — always try to do your part. In bringing joy to others right from your heart".

You were warm, kind, charming and true. To the many friends who always called on you. Knowing that they would find from your advice. A happier way to enjoy each day in life.

Mother, I am thinking about you with a very special love, As you have entered God's Heavenly Home with Papa Buck above, Finding a lasting and most complete happiness, For you gave wholeheartedly of yourself always doing your best. And when I think of the lovely days we shared together, I know that I'll be able to stand up in any weather. You are my love, my star, my guiding light because you are MY MOTHER.

Kitty V. Taylor
Commentator for WNJR
"Seniors in Action"

Priest Available For Spanish Speaking St. Rose Parishoners

St. Rose of Lima Parish was fortunate recently to obtain the services of Rev. Mariano Coba, Siervos de Maria, to minister to the needs of its Spanish-speaking parishioners. He will be reaching out to the Spanish Community to provide the services to them which are now being provided to the English-speaking Community.

Fr. Coba is a young priest originally from Colombia, South America, who will be ordained five years this August. For three of those years he was teaching at a seminary in El Paso, Texas. Part of his work was also the encouragement of vocations. Father requested a change because he wished to work more closely with the entire community of the Church — the people themselves. For the past six months he has been working in the parochial school system in El Paso and has enjoyed the contact with entire families.

Father Coba's contract was completed when he heard about St. Rose of Lima and the work going on here and decided to take the opportunity offered.

For a while now, he told us, he has been in the process of sitting back and observing what is happening here in the community before beginning anything. In doing so, he realized the youth of the Spanish-speaking community at St. Rose have a great deal of unity but no Spiritual leadership *per se*. He has been in communication with the youth to determine what they feel their needs are, and they seem most cooperative, he went on.

He is trying to identify the needs in various areas or sectors and will try to serve all the people — the complete family of the church.

The work that Father Linder is doing holds much appeal for him because of his own similar desire to be active in the community. He is very happy Father Linder has given him this opportunity, he said sincerely, and feels it is a chance to make his job come to reality.

I am sure we will see much of Fr. Coba and we are happy to have him at St. Rose.

NCC Security Awards Ceremony To Be Held

New Community Corporation (NCC) will sponsor its "First Annual Awards Ceremony" on Tuesday, May 14, 1985. At this time, they will honor 21 members of the New Community Corporation Security Force, who have distinguished themselves over the past year in the line of duty. The ceremony will be held in the Atrium of St. Joseph Plaza, 233 West Market Street, Newark, New Jersey, at 10:00 a.m. Awards will be presented to members of the security force who have been outstanding in trying to improve the quality of life in the New Community Network Neighborhood through their diligence to their jobs.

Silver Saver Passports



Lewis Graves from the Newark Public Library helps Newark seniors at the NCC Nutrition site prepare applications for Silver Saver Passports. The passports enable seniors age 60 or older to obtain discounts and special offers found in The Silver Pages Senior Citizens Discount Directory published by N.J. Bell and coordinated with National Association of Area Agencies on Aging and various state and local agencies.

The Lord Is My Shepherd

Now a shepherd is one who guides, guards, and tends sheep. He is a leader; where he goes his sheep follow him. When danger confronts his herd, the shepherd interposes and protects his flock. If one is injured, he heals him. If one is lost, he searches, finds and returns him to the fold. The sheep know and trust their shepherd, and the shepherd knows and cares for his sheep night and day. Sometimes shepherds lived out in the fields like those in Luke 2: 8-20 who saw the star of Bethlehem, first heard the news of Jesus' birth, and spread the news abroad to others. David was a shepherd, and in the name of the "LORD OF HOSTS," slew the Philistine giant, Goliath. Moses, who spent forty years in the wilderness, was a shepherd feeding his flock on Mount Horeb when he saw a burning bush and heard a voice coming out from it calling him to go to Pharaoh and tell him to set the Israelites free, which, with the help of the Lord, he did. A shepherd is a leader, one who directs and influences.

There is a story about two flocks of sheep grazing together, not staying apart in their respective group. A question was asked as to how the sheep would regroup under their respective herdsmen. The reply was: "when a leader moves off, his sheep will follow him, for the sheep know their shepherd, and the shepherd knows that the sheep following him are his."

There is a game children used to play years ago called "follow the leader," in which wherever the leader went the players went, and whatever the leader did, the players did. There are grown-ups playing "follow the leader" today. The leaders are different but the activity is essentially the same; these leaders are followed, and the players' behavior is influenced by them. Now there are many kinds of leaders, probably the most familiar is the parent. How much influence a parent has depends largely upon the emotional relationship between the parent and the youth. How the youth reacts to this influence depends to a large extent upon the

youth himself — what kind of individual he is. Since the mother spends more time with the youth and tends to show her feelings more openly, she tends to exert a greater influence than the father. The parent is a great influence and a great leader of youth. Youth have a tendency to imitate and emulate their parents — follow their leader. There is a story about a compulsive drinking parent, one heavy snowy day who staggered through the high snow on his way to his daily-frequented bar to engage in his habitual imbibition, when he heard a tramping sound behind him. Turning, and through bleary eyes, to his amazement he recognized his son. Queried the father of his son: "what are you doing?" The son replied: "Why, I am following in your footsteps, father." Today, many parents are the shepherds of their children, and their children are following in the parents' footsteps, doing just what they see their parents doing. The greatest sermon parents render is example. It behooves a parent to be the best example he or she can be so that the youth emulating him or her can be the best person he can be. Youth are perceptive; they tend to distinguish between what the parent professes and what the parent actually does. When youth see parents doing wrong, so far as that youth is concerned, his parent condoned that wrong, thus it is all right for him to do the same. He rationalizes that if it all right for mother or father to commit that wrong act or sin, it is all right for him to do the same. Much of juvenile delinquency stems from adult delinquency. Parental paradigm implants moral atrophy into the lives of their progenies. "...Their shepherds have led them astray." Jeremiah 50:06.

There are many shepherds, but the shepherd to follow is the One assuring "I am the Good Shepherd." John 10:14. "I have come that you may have life ... more abundantly." John 10:10.

Lewis Graves
Springfield Branch
Newark Public Library

Children Have Easter Parade For Manor Seniors

On Thursday, April 4th the PRS parents and children joined hands and strolled in the Easter Parade for the residents at Manor Senior. The children were beaming big smiles from underneath the spring colored Easter bonnets for girls and top hats for boys, that they made in class. They brought such delight to the senior citizens. After the parade all were eager for the highlight of the festivities — the breaking of the

with colored eggs that they colored and goodies. The staff, parents and children agreed that it was an enjoyable celebration.

The parents donated goodies for the baskets and many of them attended two workshops to make the colorful pinatas. Carol Leadbetter, Group Teacher, provided the workshop instructions and she was assisted by staff in making the spring colored decorations throughout

perience. They seem to enjoy the seasonal change, and the foliage growth offers them an opportunity to take learning outside the classroom.

Recently staff and parents accompanied the 3 and 4 year olds to the local Fire House. It was enjoyed by

all and there was a short talk and discussion about fire facts and safety. Afterwards each child received a coloring booklet that contained a free cheeseburger coupon redeemable at local eateries.

Beverly Dunn — Social Worker / Supervisor



Children from Babyland II paraded their fine Easter bonnets and trim top hats for the seniors across the street in NC Manor bringing smiles to all.

Easter Pinata. Some of the children were assisted by their parents, because it is not easy to break the pinata. But it is SO MUCH FUN, especially when the goodies fall out. What a sweet reward!

At the end of the day each child took home an Easter basket filled

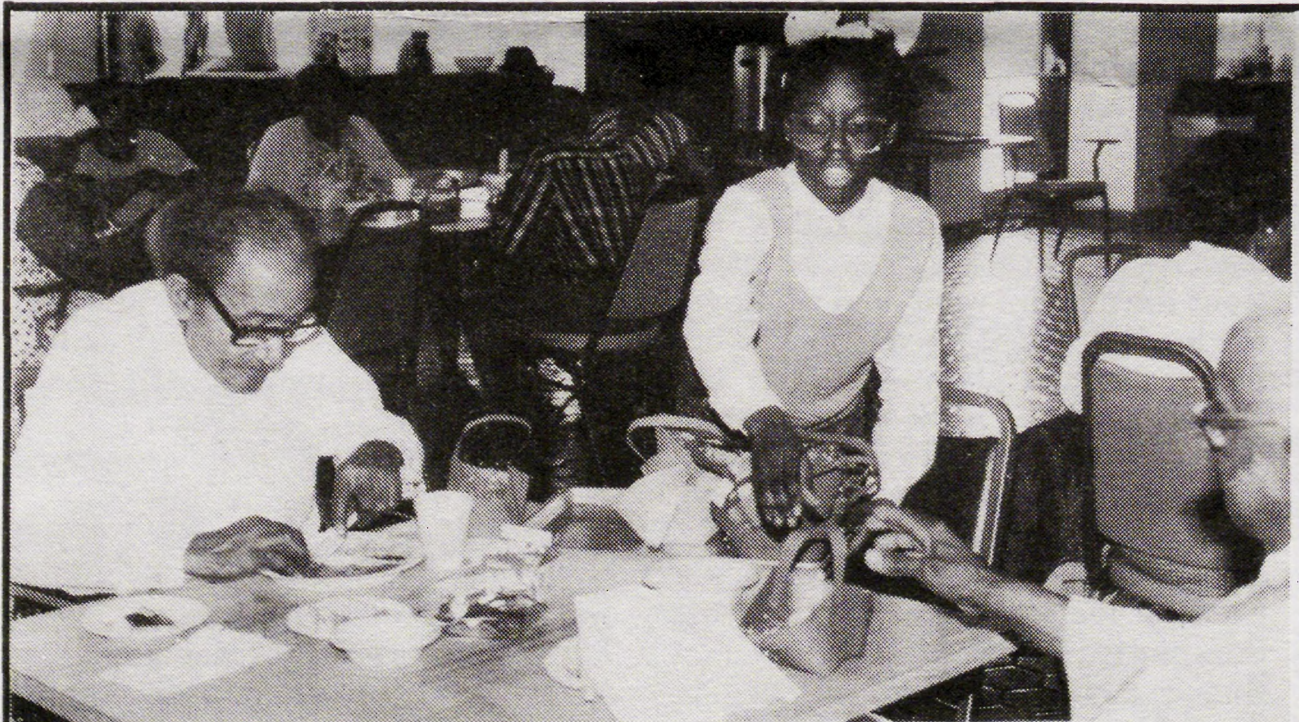
this center. The stage board depicts a mural scene complete with grass, spring flowers, birds and bunnies. It is entitled "Hopping into Spring".

During this spring season the children will plant a flower bed to enrich their science learning ex-

Birthdays Are Happy Occasions At Babyland III



Paulo The Magic Clown helps the children of Babyland III celebrate Maurice Davis' 4th birthday. His mother arranged the surprise. The many hours children spend at Babyland spark many friendships and a special occasion is often shared with these friends.



Tina Gardner from NCC Youth Council presents each senior at NCC Nutrition Site with handmade Easter basket. New Community children are taught to love and respect the elderly.



How about these bonnets above the wide eyes of two proud youngsters!

St. Rose Basketball Stars

A source of pride for St. Rose of Lima came from two of our outstanding athletes in a city-wide search for the best foul shooters attending Newark schools. Both James Chitty and James Andrew won trophies in their respective age groups.

The annual contest, held at Bar-ringer H.S., was co-sponsored by the North Ward Educational and Cultural Center and Newark Board of Education. St. Rose was represented by about twelve students who entered the preliminaries on March 30.

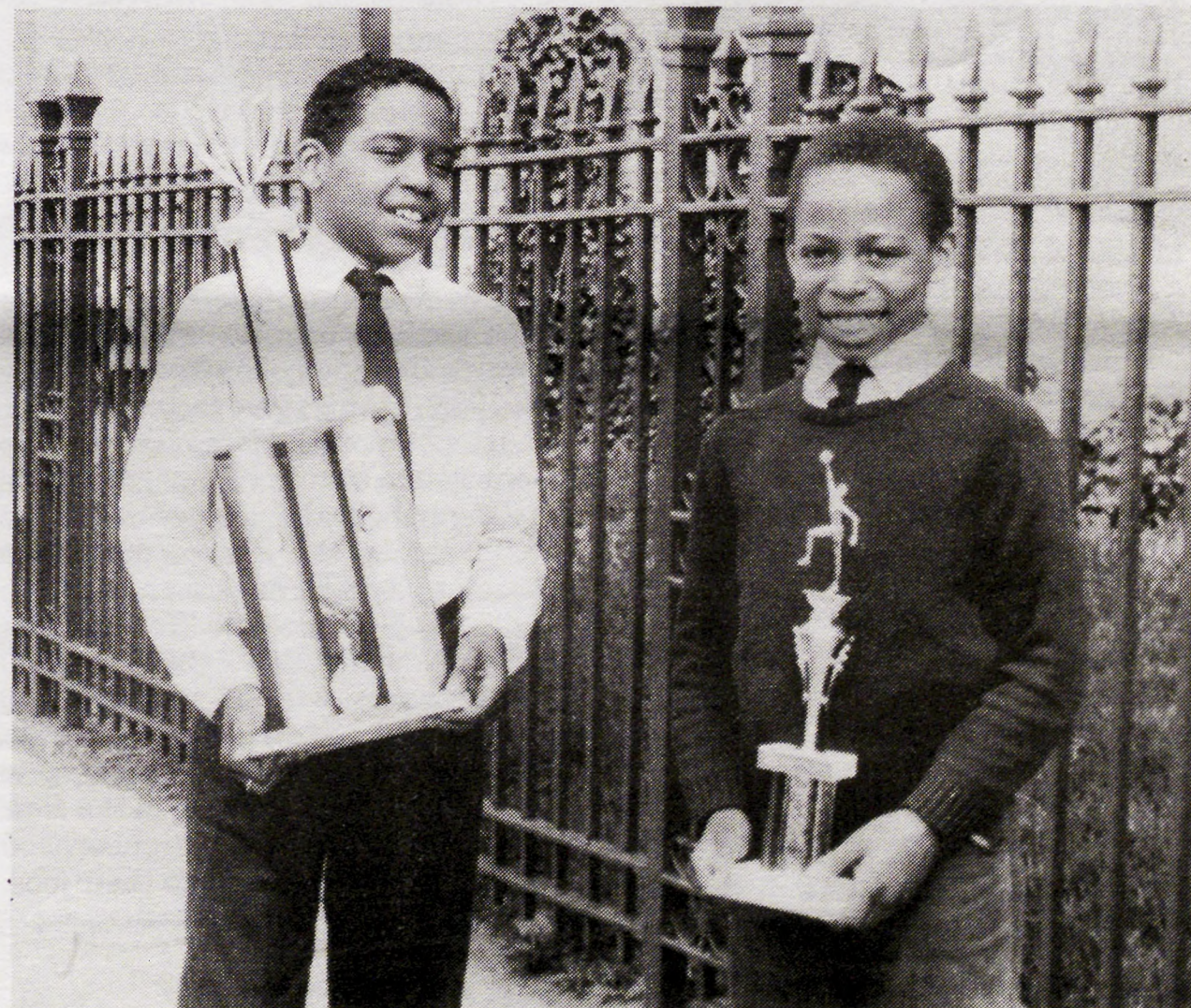
Two out of these twelve scored in the top 10% of their age group and were invited to return on April 4 to

compete in the finals. Here, James Chitty, a sixth grader, made an amazing 9 out of 10 baskets, capturing the first place trophy for 11 year olds. Though he said he "felt nervous," he was able to break his way out of a six man tie and come out on top.

James Andrew, in the 4th grade and the previous year's winner in the competition, earned the third place trophy for 9 year olds.

All of us at St. Rose extend our congratulations to these fine young athletes and wish them continued success in the future.

Daniel Fabrizio
St. Rose Staff



James Chitty, left, and James Andrew proudly hold their coveted foul shooter awards for all to admire.